

**POWAY UNIFIED SCHOOL DISTRICT
FOOD AND NUTRITION DEPARTMENT**



UPDATE



GRAB-AND-GO MEALS

FREE BREAKFAST AND LUNCH*

AT SELECTED SCHOOL SITES

(MONDAY – FRIDAY)

Breakfast and Lunch Distribution 7:00 AM TO 8:30 AM	Breakfast and Lunch Distribution 11:00 AM TO 1:00 PM
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Curbside Meal Service – Walk Ins Welcome

***Available for all students enrolled in PUSD and any PUSD
Transition student up to age 22**

NOTE: Only one breakfast and lunch meal per eligible student per school day.

No ID is required for students. It is recommended that students be present when parents are picking up meals. Parents may pick up meals without a child but must complete a Parent Meal Pickup Certification Form to verify that meals are only provided to eligible students, without duplication. Parent or guardian would only need to complete the form **once** and return it to the designated school location where all meals will be picked up.

Meals will be available at these school sites

- **Del Norte High School** (16601 Nighthawk Lane, San Diego, CA 92127)
- **Meadowbrook Middle School** (12320 Meadowbrook Lane, Poway, CA 92064)
- **Mt. Carmel High School** (9550 Carmel Mountain Road, San Diego, CA 92129)
- **Poway High School** (5500 Espola Rd, Poway, CA 92064)
- **Rancho Bernardo High School** (13010 Paseo Lucido, San Diego CA 92128)
- **Twin Peaks Middle School** (14640 Tierra Bonita Road, Poway, CA 92064)
- **Westview High School** (13500 Camino Del Sur, San Diego, CA 92129)

Click here for the required [Parental Meal Pickup Certification Form](#)

Click here for [“Heat and Eat” Entrée Heating instructions](#)